

## **CAI Employment Networking Program**

The CAI Employment Networking Steering Committee has been established to assist congregants who are unemployed, underemployed, or looking for new areas of work. The following programs in 2009 are open to anyone from our community and others in the West Essex community, in addition to the work we are involved in together with the support of the Jewish Vocational Services of MetroWest. Our dedicated volunteers: David Arzt, Lori Deitch, Ben Larkey and Lauren Markon give generously of their time and knowledge to assist fellow members with their job search and increase their job seeking skills. Please take note of our program for the upcoming months and join us for all or any which may be of interest. Networking will be a component of every session. Additional programs have been planned for 2010. If there are certain topics of interest you would like to see scheduled, let us know.

Please notify Randi Brokman at [progdir@agudath.org](mailto:progdir@agudath.org) of your intention to attend, prior to each session. Your RSVP is very appreciated.

**Wednesday, November 4<sup>th</sup> at 7:45pm Linked In** The How's and Why's of Linked In and using CAI's Linked In site as a networking tool.

**Wednesday, December 9<sup>th</sup> at 7:45pm Reinventing Yourself** - This session will cover issues relating to career change or for women who may have never had a career and want to go to work.

**Sunday, January 10<sup>th</sup> 10-12am** In response to special requests, an additional **Resume Review** has been scheduled. Bring your resume for review by employment counselors, HR personnel and experienced job seekers. We will be on hand to review and give tips. Cover letters and thank you letters will also be discussed.

**Wednesday, January 13<sup>th</sup>, 2010 at 7:45pm, Unemployment: How to Deal**- This session will include tips on how to de-stress during your job search and how to handle unemployment on an emotional level.



In addition to our work with the Jewish Vocational Services of MetroWest and MKWjobs.org, Congregation Agudath Israel has joined with six other interfaith organizations to support members of our congregations who are looking for meaningful work. **The West Essex/Morris Employment Networking Exchange (WEMENx) needs your help to find open job positions!** Please contact Randi Brokman at [progdir@agudath.org](mailto:progdir@agudath.org) or (973)226-3600 ext. 119 if you know of available positions. We have qualified and motivated candidates at all organizational levels and in all industries.